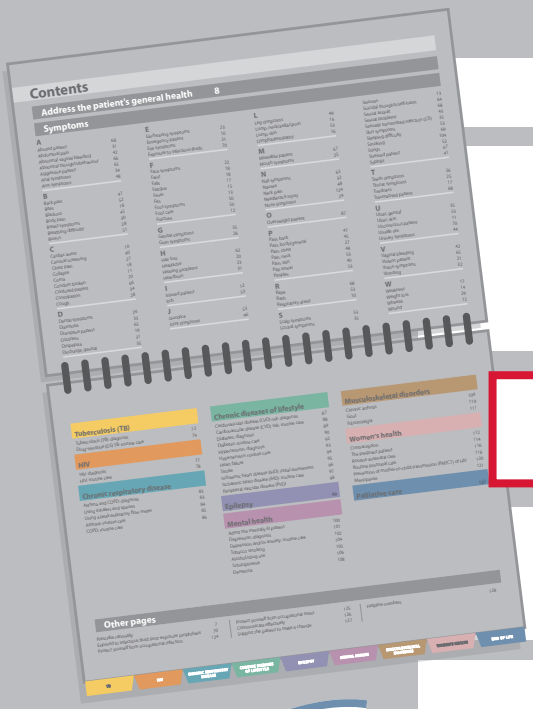
How to use the PACK guide



Always start on the contents pages:

Address the patient's general health

Symptoms

Chronic conditions

Use the red box to determine if the patient needs **urgent attention** and manage them appropriately.

If the patient does not need urgent attention, follow the algorithmic approach to either a management plan or to consider a chronic condition.

Does the patient need:

This *or* That

The guide refers you to relevant pages during patient evaluation or routine care with arrows:

- The return arrow (↩) guides you to a new page but suggests that you return and continue on the original page.
- The direct arrow (→) guides you to continue on another page.

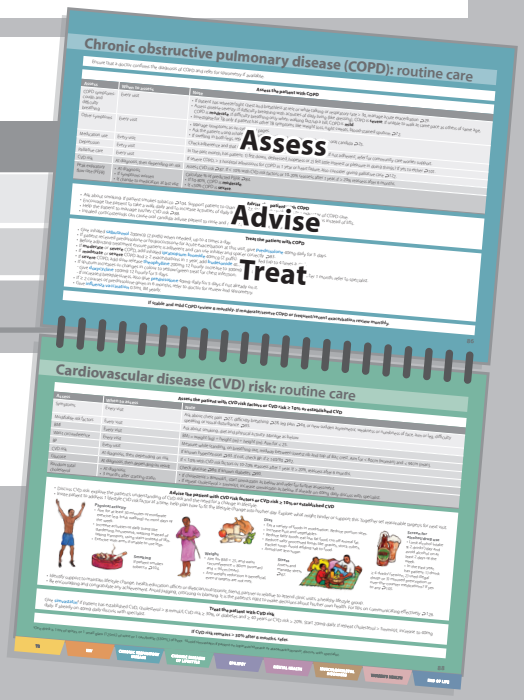
PACK
Practical Approach to Care Kit

A 3-step framework of **Assess**, **Advise** and **Treat** standardises the approach to the patient with a chronic condition.

The 'Assess' table is divided into different greys to indicate 3 assessment areas:

Assess
History (what to ask)
Examination (what to look for)
Investigations (what tests to do)

Medications, tests and procedures can be colour coded to align with the scope of practice of the various clinician cadres working in primary health care facilities.



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