



Think you have COVID-19?



Western Cape
Government

August 2021

STAY SAFE

MOVE
FORWARD

Symptoms of COVID-19:

You may have COVID-19 if
you develop any of:



Cough



Sore throat



Loss of your
sense of smell
or taste.



Shortness
of breath
or difficulty
breathing

- The coronavirus delta variant may also cause headache, runny/blocked nose, sneezing and weakness/tiredness.



- If you have COVID-19 symptoms:

- Contact your health facility or the Western Cape Call Centre: 0860 142 142 to discuss having a COVID-19 test.





As COVID infection numbers rise, we need to prioritise testing for people most at risk of spreading the virus, and those at risk of severe COVID-19.

You qualify for a COVID test if:

1. You have COVID symptoms and are admitted to hospital
2. You have COVID symptoms and are over 45 years
3. You have COVID symptoms, are of any age and have any of these conditions:
 - Diabetes
 - Obesity
 - High blood pressure
 - Tuberculosis
 - HIV
 - Heart/lung/kidney disease
 - Cancer
4. You have COVID symptoms and you have been in close contact with a cluster of people with COVID-19.



There are 2 types of COVID tests:

Antigen test:

- This nose swab test gives a result within 20 minutes.
- If it is positive, you have COVID-19.
- If it is negative, this result may be unreliable in the current 3rd wave scenario and so a PCR test will be done too.
- Continue to isolate until you receive your PCR test result.

PCR test:

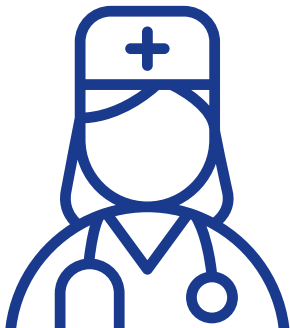
- This nose swab test can take 1-3 days to give you a result.
- If it is positive, you have COVID-19.
- If its negative and you still have symptoms, continue isolating and contact your health worker as you may still have COVID-19.

NOTE:

If you have had a previous positive test result for coronavirus, but you have new coronavirus symptoms, you need only test if it's been 30 days or more since your first test.

If you have COVID symptoms but do not qualify for a COVID test:

The doctor or nurse will inform you if you probably have COVID-19 or not. If they inform you that you probably have COVID-19, then you should stay at home and stay separate from others in your home for 10 days from when your symptoms started. If you can't do that, then ask the doctor or nurse to refer you to stay in safe and comfortable accommodation. The doctor or nurse will provide you with a sick note.





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**Western Cape call centre
0860 142 142**



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