

Coronavirus Health workers and PPE



1 Personal Protective Equipment (PPE)

2 Putting on PPE correctly (donning)

3 Removing PPE correctly (doffing)

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Western Cape
Government

STAY SAFE

MOVE
FORWARD

1

Personal Protective Equipment (PPE)

Wear PPE according to your task

Follow your facility protocols but ensure you are wearing the minimum PPE as below:

Triaging or screening patients

- Surgical mask



Managing a patient with suspected or confirmed COVID-19

- Surgical mask
- Goggles or visor
- Apron
- Gloves

Performing aerosol-generating procedure¹ on patient with suspected or confirmed COVID-19

- N95 respirator
- Goggles or visor
- Gown or apron
- Gloves



¹Aerosol-generating procedures include: collecting respiratory specimens (naso- or oropharangeal swabs), chest physiotherapy, nebulisers, sputum induction, endotracheal intubation. Avoid nebulisers and sputum induction if suspected/confirmed COVID-19.

Change or clean your PPE when needed

Gloves

Change between each patient.



Goggles/visor

Clean and disinfect after removing.

Apron/gown

Change if wet, dirty, damaged or after performing aerosol-generating procedure.



Surgical mask

- May be used for up to 8 hours.
- Discard after 8 hours, or sooner if touched by unwashed hands or gets wet, dirty or damaged.



N95 respirator

- May be reused for up to 1 week. If reusing, perform seal test before each use.
- Discard after 1 week, or sooner if gets wet, dirty or damaged.

2

Putting on PPE correctly (donning)

1 Clean hands for at least 20 seconds



2 Put on apron/gown



3 Put on mask/respirator



4 Put on goggles/visor



5 Put on gloves



See a video on how to put on PPE correctly here:
www.medicine.uct.ac.za/news/covid-19-resources

3

Removing PPE correctly (doffing)

1 Remove gloves



Clean hands



2 Remove apron/gown

If wearing a visor (not goggles), remove visor as below, before removing apron/gown.



Clean hands



3 Remove goggles/visor



Clean hands



4 Remove mask/respirator



5 Clean hands for at least 20 seconds



See a video on how to
remove PPE correctly here:

www.medicine.uct.ac.za/news/covid-19-resources



**Western Cape
Government**

**Western Cape COVID-19 Hotline
080 928 4102 (tollfree)**

**National Hotline
0800 029 999**

**National WhatsApp
0600 123 456**

www.westerncape.gov.za