

# Be coronavirus safe at school



*Back to*  
**School**

January 2021

**STAY SAFE**

**MOVE  
FORWARD**



Western Cape  
Government

**COVID-19 spreads mainly when we breathe in the small droplets produced when someone with COVID-19 coughs, sneezes, sings, talks, shouts or breathes.**

**These droplets also land on surfaces and objects. Sometimes, we catch COVID-19 if we touch those surfaces and then touch our eyes, nose or mouth.**

# Stay home

If you are sick or  
someone at home has COVID-19.





## Travel safely

- When queuing or walking to school, keep a safe physical distance away from others.
- Wash/sanitise hands before and after travelling and after handling money.
- Sit far apart from others.
- Open windows to help airflow.

## Keep a safe physical distance

Keep apart from other people when:

- In a queue.
- At your desk if you can.
- You approach your teacher.





## **Wear a mask**

- Use it properly.
- Have a spare mask.
- Only remove it to eat or drink (and store it safely).
- Do not share masks.

## Ensure good airflow

- Spend time outdoors when you can.
- Don't shout, sing or spit close to others.



- When inside, open windows and doors.



## Keep clean

**Wash your hands well and often, especially:**

- When you arrive at school.
- Before eating and drinking.
- After using the toilet.
- After breaks.





## Cough safely

- Cough or sneeze into your elbow or a tissue.
- Throw the tissue safely in a bin.



**Don't tease  
others  
about  
COVID-19.**

**Be Kind.**

**We are  
all in this  
together.**

### **MAKE SAFER CHOICES**

- 1. Sick? Stay home & arrange a test*
- 2. Keep physical distance*
- 3. Wear a mask*
- 4. Cover your cough*
- 5. Open doors & windows*
- 6. Avoid crowds, close-contact & confined spaces*
- 7. Wash/sanitise hands often*



**Western Cape  
Government**

**Western Cape COVID-19 Hotline**  
**080 928 4102** (tollfree)

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**National Hotline**  
**0800 029 999**

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**National WhatsApp**  
**0600 123 456**

**[www.westerncape.gov.za](http://www.westerncape.gov.za)**